

Sporting Spirit Training and Online Coaching Fees

Online Coaching & Training Packages	10 wks	15 wks	18 wks	6mths
Individual program-online coaching	\$130 (\$13 p/wk)	\$180 (\$12 p/wk)	\$199 (\$11.00 p/wk)	\$260 (\$10 p/wk) Direct Debit \$44 p/mth
Individual program-online coaching plus Train with group 1x per week	\$190 (\$19 p/wk)	\$270 (\$18.00 p/wk)	\$295 (\$16 p/wk)	\$390 (\$15 p/wk) Direct Debit \$65 p/mth
Individual program-online coaching plus unlimited Training with group	\$250 (\$25 p/wk)	\$330 (\$22 p/wk)	\$395 (\$22 p/wk)	\$450 (\$18 p/wk) Direct Debit \$75 p/mth
Train with group 1x per week	\$120 (\$12 p/wk)	\$165 (\$11 p/wk)	\$180 (\$10 p/wk)	\$220 (\$8.50) Direct Debit \$37 p/mth
Train with group – unlimited times	\$200 (\$20 p/wk)	\$270 (\$18 p/wk)	\$290 (\$16 p/wk)	\$365 (\$14 p/wk) Direct Debit \$60 p/mth

To book in please fill in the registration form and then call Brian Schepisi on 9285 0635 to organize upfront payment or direct debit set up.